

# QRL - Referees' Coaching & Development Updates

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Issue 9**

**Publication of the QRL  
Referees' Development  
Officers**

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## From the RDOS' Desk

It is well and truly the business end of the season. Some leagues have already had their grand finals whilst in other leagues finals have commenced.



Some match officials will be extremely happy and others will be extremely disappointed with appointments at the back end of the season. It is ok to be disappointed if you did not get the appointment you thought you would get. On grand final day what ever your role turn up with a positive attitude and enjoy the day.

After the season is over take some time away from the game and in your preparation for season 2009 review your strengths and weaknesses and set some goals for 2009.

The finals of the following competitions will be played at Kougari Oval, Wynnum on Thursday September 4:

- ARL Development Cup 5.00 pm.
- Queensland Final of the Arrive Alive Cup 6.30 pm.

The ARL Development Cup final will be played between Golden Beach Primary School (Sunshine Coast) and The Willows Primary School (Townsville). The Arrive Alive final will see Kirwan SHS from Townsville take on Palm Beach Currumbin SHS from the Gold Coast.

Appointments for these games are as follows:

### ARL Development Cup

Referee	<b>Nick Pellgrave</b>
Touch Judges	<b>Ethan Geeves and Andrew Nilsen</b>

### Queensland Arrive Alive Final

Referee	<b>Nick Morel</b>
Touch Judges	<b>Adam Bartolsic and Daniel Griffin</b>
Interchange	<b>Cameron Sleep</b>

Ed.

## 2008 DATES TO REMEMBER

Know the rules	✓		
Understand the game	✓		
Signals reflect decisions	✓		
Reads play	✓		
Concentration	✓	ARL Development Cup Final - Wynnum	September 4
Focus	✓	Arrive Alive Cup Queensland Final - Wynnum	September 4
Remain calm	✓	Queensland Wizard Cup Final - QLD Stadium Ipswich	September 13
Teamwork	✓	2008 Rugby League World Cup commences	October 25

QRL- Referee Association  
Registrations as at August 31,  
2008.

Association	2007	2008	Association	2007	2008
Brisbane	404	406	Mackay	51	34
Bundaberg	32	26	Northern Districts	9	10
Cairns	61	91	Rockhampton	24	23
Central Highlands	74	77	Roma	52	71
Fraser Coast	19	29	South Burnett	20	21
Gladstone	26	31	Sunshine Coast	93	162
Gold Coast	92	92	Toowoomba	112	111
Ipswich	72	73	Townsville	63	75

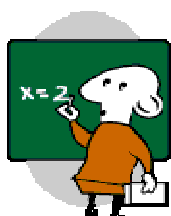


### Courses:- Coaching of Match Officials.

Following are the links on the QRL website where forms can be downloaded for suitably qualified people to attend a CMO Course. Nominees must be a Level 2 Referee and have the endorsement of their association. So courses can be planned for 2009 please download relevant nomination form and forward to John Topp, PO Box 434, Stones Corner 4134 prior to the 10/9/2008.

Level 1 Course Nomination: [http://www.qrl.com.au/pdf/letter\\_of\\_intent\\_1.pdf](http://www.qrl.com.au/pdf/letter_of_intent_1.pdf)

Level 2 Course Nomination: [http://www.qrl.com.au/pdf/letter\\_of\\_intent\\_2.pdf](http://www.qrl.com.au/pdf/letter_of_intent_2.pdf)



### WIZ'S WISDOM

It seems like only the other day I was lacing on the boots for Round 1. The season has gone so fast.

The Queensland Wizard Cup Grand Final is the number one appointment in the State. This year it will be contested away from Suncorp Stadium at Qld Group Stadium, Ipswich.

With the Ipswich Jets first through to the grand final a big crowd is expected.

This is the business end of the season and as a referee this is when we need to be getting the decisions spot on. All referees would love to referee the Grand Final in their particular grade however at the end of the day only one person can get the appointment. It requires a lot of hard work and dedication and even this does not guarantee you to get to go to the 'big dance'.

Someone once told me in refereeing you can get more disappointments than appointments.

This may not be always true. It comes back to what your goals are and whether or not they are realistic. If you are unsuccessful don't just throw in the towel. Sit down in the off season and work out what you need to improve. Write it down and make it happen. If you need to improve your strength, get into the gym. If you need to work on your speed why not hire a personal trainer. If you need to improve your knowledge of laws get reading the laws of the game.

There is no magic solution for success in getting appointed to the Grand Final. Do not be concerned about what others are doing or what their appointments are. Concentrate on you and you only. If you have done this already you may be already on your way to the Grand Final.

Enjoy your footy.

wiz

### THE PLAYING FIELD: 10m "broken" line markings

- ◆ Where the full field is marked to cater for International Laws and Mod League matches, both the 10m & 20m markings are to remain.
- ◆ Where a field is used only for (adult) International Law Matches, the 10m markings may be eliminated

Page 3, Notes - International Laws of the Game.

[http://www.arlra.org.au/pdf-files/International\\_Laws\\_2008.pdf](http://www.arlra.org.au/pdf-files/International_Laws_2008.pdf)

## Coaches Corner

People are the most valuable resource in sport. Coaches are invaluable provided they are -



- **Qualified to their level of operation.**
- **Competent - having the necessary knowledge and expertise to perform the tasks required of them.**
- **Ethical in behaviour and performance.**



Congratulations to Justin Davis who chalked up game number 50 in the Queensland Wizard Cup. Justin's 50th match was the qualifying final between the Ipswich Jets and the Northern Pride on Saturday 30/08/2008.

### 2009 QRL Administration Conference Dates

- **Townsville:** 6 to 8 February. Venue TBA
- **Gold Coast:** 13 to 15 February. Venue TBA



### 2009 QRL Referees' Board Conference Dates

- **Northern:** 24 to 25 January, James Cook University, Townsville.  
Contact: Stuart Cantoni 0438 715 918 or [stuartmaree.cantoni@bigpond.com](mailto:stuartmaree.cantoni@bigpond.com)
- **Central:** 31 January to 1 February, Tannum Sands, Gladstone.  
Contact: Steve Hamilton 0408 188 204 or [dontcare@westnet.com.au](mailto:dontcare@westnet.com.au)
- **South West:** 7 to 8 February, Southern Queensland University, Toowoomba.  
Contact: Tim Bliss 0417 608 129 or [tntbliss@bigpond.net.au](mailto:tntbliss@bigpond.net.au)
- **Wide Bay:** Date / Venue to be confirmed.  
Contact: Bill Logan 07 5491 9297 or [wlogan@austarnet.com.au](mailto:wlogan@austarnet.com.au)
- **South East:** 28 February, Broncos Leagues Club, Brisbane.  
Contact: Darren Winningham 0414 730 045 or [darren\\_winningham@health.qld.gov.au](mailto:darren_winningham@health.qld.gov.au)



<b>Losing possession</b> - intentionally - accidentally	8. A tackled player shall not intentionally part with the ball other than by bringing it into play in the prescribed manner. If, after being tackled, he accidentally loses possession, a scrum shall be formed except after the fifth play-the-ball. (page 25)
<b>Accidental deflection</b>	10. (e) When a tackled player attempts to play the ball backwards but accidentally deflects the ball forward, a scrum ensues with the non offending team having the loose head and put-in. (page 27, notes)

[http://www.arlra.org.au/pdf-files/International\\_Laws\\_2008.pdf](http://www.arlra.org.au/pdf-files/International_Laws_2008.pdf)

## Using Empathy to Improve Performance - David Isaacs.

The definition of empathy can be best summarised as being able to identify with another persons feelings by emotionally putting yourself in their place to understand how they are feeling.

Empathy begins with awareness and once you appreciate this you can gain a better understanding of why people react differently under certain conditions.

If you are able to stand in the shoes of players in game situations and become more “in tune” as to what players are feeling, you get a greater appreciation for the game and how players may react to certain decisions.

This then gives you a better understanding of how your decisions may affect the players, or impact the game, and you can then use this knowledge to reduce the possibility of making avoidable decisions.

An example of this is when a player overvigorously confronts a match official following a decision in a crucial area or a critical time of the game.

Rather than overreacting to the player’s actions, and perhaps placing him in the Sin Bin or awarding a penalty, a match official who is able to show empathy sees the “big picture” and understands that the emotional outburst may be due to the impact the decision had on the game and therefore deals with this in an appropriate manner that reflects this situation.

Alternatively, a match official who is aware of the impact that a decision may have on the result of the game works harder to reduce the risk of making “soft” or “inconsistent” decisions in crucial areas of the field.

Some decisions are unavoidable and provided you’ve expended all available options, you have no choice but to make the tough decision.

However, it is important that you have a level of empathy for the players so you are aware what impact the decision will have on the game and then take the appropriate action to reduce this impact where possible.

As a match official coach you can also use empathy to better understand the emotional state of a match official and use this to develop a strategy to deliver effective feedback to not only improve the match officials future performances, but also retain their confidence and enjoyment of the game.

Being a match official or a coach is not always about being right or wrong. It’s about understanding how your actions can impact on other people.

Understanding this can then allow you to implement strategies to reduce your potential impact on the game or allow you to better deal with player reactions in certain situations.

### A matter of Law

1. What happens if a player at a penalty pretends to kick for goal and then deliberately does otherwise?
2. What happens when a referee accidentally blows the whistle?
3. After the fifth play the ball Red is tackled into touch on the Blue 30 metre line. Decision?
4. Red puts up a “bomb’ which hits the upright of the goal post on the full and is then caught by a Blue player standing on the dead ball line.
5. Red kicks in general play from the Blue 40 metre line and the ball goes over the Blue dead ball line on the full. The Red kicker is fouled on the Blue 20 metre line. Decision?

**Answers: Page 5.**



## MEDIA RELEASE

Warriors prop Ruben Wiki hails them as Rugby League's "unsung heroes" – now everyone has the opportunity to ensure the game's grassroots volunteers receive the recognition they deserve.

Nominations for Rugby League's second annual One Community Awards have opened and Wiki has called on all NRL and grassroots clubs to recognize the efforts of those people who dedicate their lives to the game.

"Volunteers are the unsung heroes of our game. What they do is incredible and now is the time to make sure they're recognized for their contributions," Wiki said.

Wiki received the 2007 Telstra Ken Stephen Medal for his selfless community involvement but it was the inspiring stories of the game's grassroots volunteers that most touched his heart.

People like Paul Medd, from Merriwa, in the NSW Hunter Valley, who won the Toyota National Volunteer of the Year for his 40 years of service to Rugby League.

Or Vickie Ison, from Moura in Queensland, who won the Harvey Norman Women in League Achievement Award for her 18 years of service to Rugby League that includes coaching, refereeing, playing and fundraising for the Moura Junior Rugby League Club.

This year two new awards have been added – Telstra's One Community Grassroots Club of the Year and the AAMI Service to Refereeing Award.

The full awards list and prizes is as follows:

- The Telstra Ken Stephen Medal – Telstra will give \$5000 to the player's favourite charity and \$5000 to the player himself;
- Telstra One Community NRL Club of the Year – Telstra will provide \$10,000 toward the winning club's community program and /or staff development training for community relations staff;
- Telstra One Community Grassroots Club of the Year – Telstra will provide 2x Telstra Assistance Packs valued at \$3000 plus \$2000 cash;
- Harvey Norman Women In League Achievement Award – Paid – Harvey Norman will provide a \$5000 Harvey Norman gift voucher;
- Harvey Norman Women In League Achievement Award – Volunteer – Harvey Norman will provide a \$5000 Harvey Norman gift voucher;
- Toyota National Volunteer of the Year – Toyota will provide a catered corporate suite for 10 to watch an NRL game in their home state as well as an NRL merchandise pack;
- AAMI Service to the Community Award – AAMI will provide \$5000 to go toward their community program; AAMI Service to Refereeing Award – AAMI will give \$2500 to the winning referee.

To nominate for an award and for more information, visit: [www.rugbyleague.com.au/onecommunity](http://www.rugbyleague.com.au/onecommunity).

### Answers: Law Questions page 4 -

1. Penalty to the opposition. Reference page 15.
2. Scrum, LHF to side last in possession. Reference page 43.
3. Handover to Blue 10 metres in from touch on the Blue 30 metre line. Reference page 25.
4. Ball dead, 20 metre optional restart to Blue. Reference page 18.
5. Penalty to Red 10 metres out from where the ball crossed the goal line. Reference page 33.